

*Play just for the sake of playing and having fun!!*



I am all about the fun! I'm all about becoming the most positive and enthusiastic person I know! And I love to play!

In an article I wrote called "All Work and No Play?" I mention that, "When play is encouraged and integrated within the work community, it is received as permission for a timeout to regenerate and rebuild energy and as motivation to complete the next big task." It is all about the big picture and enhancing your bottom line by creating a workplace health and wellness strategy in your business for your employees.

While pursuing my BA degree in the early 1980s, I stumbled across the idea of cooperative play. It was about inclusion, not exclusion – permission to play your way. At that time, it was about community building; today it is called team building. The premise is still the same today as it was then. People rekindle their spirit of play through cooperative games that are free-flowing, high energy, social and engaging. No skill is required.

I bring this sense of free-flowing fun to the events I lead, and in the process, I incorporate the fun into productivity, staff motivation, staff appreciation, team success and celebrating excellence within the workplace. It's really about looking at today's world of work – how employers create the work environment – and re-addressing the value of fun at work as part of a whole workplace health and wellness strategy for your company.

I started Powerful Play Experiences four years ago as an entrepreneur. Previously, I was employed in the field of career & employment training helping Albertans to find the work they love. I was a workshop facilitator, delivering workshops on career planning, work search strategies, and finding the right post-secondary education.

I eventually took some time off to contemplate my next move. I wanted to do something that was fun, inspiring, and driven by creativity. I decided to start my own business. My wife,

Sharon, who is everything to me, was very supportive of my decision and continues to be my inspiration. Powerful Play Experiences will raise fun levels at your next event. When I facilitate an event for your business, I will re-energize and re-engage your people, and send them back to your workplace inspired about creating team success. Just because it's a learning opportunity doesn't mean that it has to be delivered using traditional methods. Just because it's work doesn't mean it has to be serious. All work and no play makes for a very tedious day.

After all, isn't it really all about a smile on everyone's faces at the end of the workday?



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